



**Department of Radiology**

**1-888-656-4723**

### **Thyroid Fine Needle Aspiration After Care Instructions**

1. After your biopsy, you will be able to drive, return to work, or perform any other activity that you normally do. No heavy lifting or exercising for 24 hours. You may take the band-aid off later today.
2. Continue taking any medicine your doctors have given you as directed since the biopsy does not affect medication schedules; nor does medication affect the biopsy results.
3. Some swelling or discomfort should be expected. You can take extra strength Acetaminophen (Extra Strength Tylenol<sup>®</sup>). Do not take anything other than Acetaminophen for the first 24 hours.
4. Using Ice to the area is very important for the first 3 or 4 hours. Ice will decrease bruising and swelling. You will feel much better, much sooner if you are able to ice.
5. You may shower or bathe as normal. The biopsy site can be gently washed with soap and water.
6. Watch for signs of infection which could include: fever, redness, increasing swelling and increasing warmth at the site. Please call our office should you experience any of these symptoms. Bruising and mild swelling is normal.
7. Results are variable but usually take 3 to 4 business days. The Radiologist who performed the biopsy will notify you, as soon as they are available.