



Pediatric Gastroenterology Endoscopy Preparation

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Procedure date: _____

- All medication should be taken up until the day of the procedure except for aspirin containing medications, which should be stopped 7 days prior. Aspirin containing products include ibuprofen (Motrin, Advil) as well as naproxen (Aleve). If needed, Tylenol is permitted. **Please note**, if Tylenol (acetaminophen) is needed for fever, please contact the office as your child needs to be fever-free for 24 hours prior to the procedure.
- A light snack is permitted **6 hours before** the procedure (For example: cereal, toast, yogurt applesauce, pretzels, goldfish). ***No meat, eggs, or fried foods.**
- Breast milk is permitted until **4 hours prior** to the procedure.
- Clear liquids are allowed until **2 hours prior** to the procedure (For example: water, non-red Gatorade, apple juice, white grape juice, ginger ale, Jello, broth without noodles or meat, non-red Ice pops without fruit pieces).
- **All drinking must end 2 hours prior to the procedure**
- ****NOTE:** All foods and liquids including chewing gum should not be consumed or chewed from 2 hours prior to the procedure time until the procedure is completed.
- Procedure time will be provided via phone call a day or 2 prior to the procedure
 - In addition, a nurse will contact you within the week leading up to the procedure for a pre-operative interview, these questions must be answered before the procedure takes place.
- A responsible adult must drive the patient to the procedure, remain in the procedure suite for the duration of the procedure, and stay with the patient for 12-24 hours following the procedure.

*If you have any questions or concerns regarding the procedure or the prep explained above, please contact the office at 914-232-3135.

This is a diagram of the gastrointestinal system. The upper gastrointestinal tract is darkened. During the EGD, the upper gastrointestinal tract is examined. This area includes the esophagus, stomach and first half of the duodenum.

